



NATIONAL INSTITUTE OF MENTAL HEALTH AND NEURO SCIENCES

Bangalore - 560029

ರಾಷ್ಟ್ರೀಯ ಮಾನಸಿಕ ಆರೋಗ್ಯ ಮತ್ತು ನರವಿಜ್ಞಾನ ಸಂಸ್ಥೆ (ರಾಷ್ಟ್ರೀಯ ಪ್ರಮುಖಾಥಾ ಸಂಸ್ಥೆ) ಬೆಂಗಳೂರು

NIMH/PROJ/TATA/YT/JRF/01550/C3-C16/NOTIF/2026-2027
DATE: 03/09/2026

NOTIFICATION

NIMHANS is conducting a **Walk in Selection** for filling up the post of “**Yoga Therapist & Junior Research Fellow**” on contract basis for the TATA funded project entitled "Employees Mental Health and Occupational Wellbeing Programme (EMPOWER) under Dr.Anish V Cherian, Additional Professor & of Psychiatric Social Work & PI. NIMHANS, Bengaluru - 560 029.

Name of the post:	Yoga Therapist
No. of post:	I (One)
Essential Qualification:	• MSc in Yoga • English and Tamil
Desirable Qualification:	• Candidates with experience in yoga therapy related to mental health • Proficiency in Kannada and Hindi
Work location:	Hosur (Tamil Nadu)
Emoluments/Salary:	30,000/- per month. (Consolidated).
Maximum Age Limit:	40 Years (Maximum).
Duration of Project:	2 years.
Duration of Post:	Initial Appointment will be made for a period of 6 months and renewable every 6 months based on performance of the candidate till the end of the project

Name of the post:	Junior Research Fellow
No. of post:	2 (Two)
Essential Qualification:	• M. Phil in Psychiatric Social Work/ Psychology or MSc.in Psychology/Counselling Psychology with 1 year of work experience in mental health. • Candidates with research experience in the field of Suicide Prevention are preferred • English and Tamil
Desirable Qualification:	• Proficiency in Kannada and Hindi
Work location:	Hosur (Tamil Nadu)
Emoluments/Salary:	50,000/- per month. (Consolidated).
Maximum Age Limit:	40 Years (Maximum).
Duration of Project:	2 years.
Duration of Post:	Initial Appointment will be made for a period of 6 months and renewable every 6 months based on performance of the candidate till the end of the project

Desirous candidates who fulfil the eligibility criteria mentioned above are advised to appear for the Walk-in-cum-Written Test with their **resume** and **original** testimonials, along with a set of self-attested **photocopies**.

Date & time: 26/09/2026 at 09:30 AM

Venue: Board Room and Exam Hall on the 4th floor of NBRC Building, NIMHANS, Bangalore – 560029

Note:

- Candidates are required to report/join 30 minutes before the scheduled time for the interview/written test, whether conducted online or offline.
- No **TA/DA** will be paid for attending the written test/interview.
- Candidates currently working in projects (Extramural/Intramural) at NIMHANS must produce a No Objection Certificate (**NOC**) from their Principal Investigator.
- The candidate should have scored a **minimum of 50%** in the written examination (Whenever written examination is indicated) to qualify for the skill test/interview. For Direct Interview the candidate should score at least 50% Marks in the interview.
- The Institute reserves the right to select a suitable candidate. Possession of the prescribed essential qualifications alone does not guarantee selection.
- No hostel accommodation will be provided for project staff.

Sd/-

DEAN, RESEARCH